



# SALTFISH

..... SEAFOOD, GRILL .....  
& WINE BAR

at HOUNDGATE

## GLUTEN FREE MENU

Lunch: 12:00pm - 2:30pm  
Dinner: 5:00pm - 8:45pm

### SNACKS

Tempura King Prawns, Sriracha Mayo.

£6.95

Antipasti Olives.

£3.95

Fish Goujons, Tartare Sauce.

£5.95

Onion Bhaji, Curry Sauce.

£5.95

### STARTERS

Soup of the Day, Warm Gluten Free Bread.

£8.95

Chargrilled King Prawn Skewer, Whipped Nahm Jim Butter, Thai Slaw.

£12.95

Confit Sea Trout Rilette, Gluten Free Toast, Lemon Butter.

£10.95

Pumpkin Hummus, Dukkah, Honey Glazed Charred Pumpkin, Sun Blushed Tomatoes, Sesame Oil & Gluten Free Bread. *(nuts)*

£11.25

### MAINS

Battered Haddock, Hand Cut Chips, Mushy Peas, Tartare Sauce.  
*(Small Fish & Chips Available for £13.95)*

£19.95

Roast Cod Fillet, New Potatoes, Spinach & Mushrooms, Dill Fish Cream Sauce.

£28.95

Thai Yellow King Prawn Coconut Curry, Basmati, Pak Choi, Crisp Shallots, Coriander.

£22.95

Butternut, Tomato, Chickpea & Lentil Tagine, Feta & Basmati.

£21.95

***Please see the specials board for the Surf & Turf, steak, & market fish options***

### SIDES

Chips / Fries / New Potatoes / Greens / Saltfish Salad.

£4.95 each

### DESSERTS

Rhubarb Fool Pavlova, Hibiscus Syrup.

£9.95

Flourless Chocolate & Almond Brownie, White Chocolate Namelaka, Chocolate Soil.

£9.95

Coconut Rice Pudding, Charred Poached Pineapple, Lime, Toasted Coconut.

£9.95

### CHEESE PLATE

A Plate of British / Regional Cheeses, Chutney, Iced Grapes, Gluten Free Crackers.

£13.95

### OX GRILL

Surf & Turf options  
Selected Steaks & Sauces  
Fresh Market Fish & Seafood

*Please see our special boards  
for today's offering*

*Our Oysters & Daily Specials are  
all available on the boards.*

