



# SALTFISH

..... SEAFOOD & WINE BAR .....

at HOUNDGATE

## GLUTEN FREE MENU

Lunch: 12:00pm – 2:30pm

Dinner: 5:00pm – 8:45pm

### SNACKS

Tempura King Prawns, Sriracha Mayo.

£6.50

3 Tempura Lindisfarne Oysters, Wasabi Mayo.

£10.50

Indian Spiced Fish Fritters, Raita.

£5.95

Marrakesh Olives.

£3.75

Hummus, Harissa & Gluten Free Toast.

£5.95

### STARTERS

Soup of the Day, Warm Gluten Free Bread.

£6.95

Crab Fondue, Tomato Salsa, Crisp Shallots, Gluten Free Toast.

£10.95

Smoked Mackerel Pate, Horseradish, Pickles, Gluten Free Toast.

£8.95

Beetroot & Soy Cured Sea Trout, Kimchi, Wasabi Mayo, Gluten Free Toast.

£10.50

Falafel, Harissa, Pickled Cucumber Salad.

£7.95

### MAINS

Battered Haddock, Hand Cut Chips, Mushy Peas, Tartare Sauce.  
*(Small Fish & Chips Available for £11.95)*

£16.95

Pan Roast Cod Loin, Pommes Anna, Asparagus, Pickled Ramsons, Mussels, Chicken Butter.

£27.95

Pressed Pork Belly, Braised Chicory & Wensleydale, Parmentiers, Burnt Apple Ketchup, Grain Mustard Sauce.

£17.95

Chargrilled 8oz Pave Steak, Watercress Salad, Garlic Butter, Pickled Onion Rings, Fries.

£28.95

Masoor Dahl, Fragrant Basmati, Tomato & Coriander Salsa, Crisp Shallots, Chutney.

£15.95

### SIDES

Chips / Fries / New Potatoes / Greens / Saltfish Salad

£4.75 each

### DESSERTS

Apple & Nut Crumble, Salted Caramel, Vanilla Ice Cream.

£7.95

Buttermilk Panna Cotta, Macerated Strawberries, Honeycomb.

£7.95

Vanilla Crème Brûlée, Seasonal Berry Compote.

£7.95

Basque Chocolate Cheesecake, Raspberry.

£7.95

Allergen information is available on request.

Please ask a member of staff for details. All prices include VAT.

SALT-FISH.CO.UK

### OX GRILL

Fresh market fish specially selected by "Hodgsons" direct to our door.

Fish + Garnish – Please check daily specials board for today's offering.

Sauces – Garlic butter; Mediterranean roast tomato & rosemary; Chimichurri; Gremolata

*Our Oysters & Daily Specials are all available on the boards.*



### CHEESE PLATE

A plate of British / Regional Cheeses, Chutney, Iced Grapes, Biscuits, Crisp Breads. | £10.95

**Blacksticks Blue** is a golden hued blue veined cheese from Lancashire. With a creamy texture it has a buttery distinctive bite made from pasteurised cows milk.

**Baron Bigod** brings a taste of luxury. An exquisite bloom unpasteurised cow's milk brie style cheese is made in Suffolk. It gives a delicate milky flavour, combined with rich, earthy mushroom notes.

**Westcombe Cheddar** is an handcrafted traditional clothbound Somerset cheddar made from unpasteurised milk. Selected for its warm, lingering flavours and its happy balance of creaminess and acidity.